

Tony's Stories Navigator Manual

Instructions: As you watch each short video, write a quick summary (to help you remember the story) and answer the questions. Use these questions as a basis for discussion.

I. Bodily Integrity

1) Quick summary:

*Woody teaches being clean
Teeth-brushing is better together*

2) How did Tony teach Johnny to value being clean?

Tony connected being clean to a favorite movie character to make bathing fun and meaningful.

3) In the bathing and teeth-brushing stories, what became more important than the individual complying with the task?

Making the activity meaningful and building companionship by doing the activity together is more important.

II. Feeling Safe

1) Quick summary:

Story of the "farther"

2) How did a "joke" turn into a situation that devalued an individual?

Johnny felt isolated by his nickname because his peers did not want to sit next to him and he thought they were laughing at him.

3) How did Tony help Johnny feel safe?

Tony created a feeling of security and belongingness by having everyone fart at dinner together to show Johnny that he was not the only one.

III. Feeling Self-Worth

1) Quick summary:

*Inventory system with matching
Teaching about 15 minute breaks*

2) How did Tony promote Johnny's self-worth?

Tony designed an inventory system that allowed Johnny to use his skills in matching and tracing.

3) How did structuring Johnny's breaks help him learn about working together as a community?

The break cards taught Johnny that he could both enjoy socializing and do his job.

IV. Having a Life of Structure

1) Quick summary:

People-counter cards at McDonald's

2) How did Tony provide structure for the individual?

Tony laid out the schedule ahead of time so the individual would know what to expect.

(Teacher's note: You may want to reinforce here the importance of using daytimers with the individuals we serve.)

3) How did the people-counter cards create a sense of security?

The cards helped the individual see that his turn would come and that he was capable of waiting in line.

V. A Sense of Belongingness

1) Quick summary:

Audio picture album to show "he's a keeper"

2) What did Johnny's caregivers fail to see when they only focused on his "behaviors"?

The caregivers overlooked the cause of the behaviors - Johnny was trying to communicate that he felt left out.

3) How did Tony create a sense of belongingness for Johnny?

Tony created a photo album for Johnny so that, like his roommate, he could collect family pictures. This gave Johnny a feeling of self-worth and helped him feel valued.

VI. Social Participation

1) Quick summary:

Story of fire inspector

2) How did Tony help the individual feel valued?

Tony respected Johnny's dream to be a fireman and gave him the responsibility of conducting fire drills.

3) How did social participation at the fire station create a feeling of belongingness for Johnny?

Interacting with the firemen helped Johnny make friends and follow his dream.

VII. Meaningful Daily Activities

1) Quick summary:

Cleaning with music

2) How did Tony make cleaning a more meaningful activity?

Tony added value to the cleaning process by pairing it with music and emphasizing helping each other.

3) What became more important than simply completing the task?

Building a sense of community by doing the task together was more important.

VIII. Inner Contentment

1) Quick summary:

Striking out feelings with baseballs

The Tin Man versus the Scarecrow

2) In the baseball example, what helped Johnny regulate his emotions?

Using baseballs to “strike out” his feelings gave Johnny a way to express his emotions without hurting his sister and to calm himself down.

3) How did Tony use The Wizard of Oz to teach about emotions?

Tony used the Tin Man and the Scarecrow to show the difference between being tense and relaxed. He then explained that we have choices when we are upset.

Angie’s Support Plan

1) Fill in the blank: For each of the 8 Values, the goal is for Angie to learn to RECIPROCATE the value.

2) You just saw how all of the 8 Values contribute to the Angie’s overall Quality of Life. How are some of the 8 Values related to each other?

Answers can include:

-Giving Angie choices builds her self-worth, provides an opportunity for social participation, and allows her to engage in meaningful daily activities.

-Helping Angie build companionship and community improves her self-worth, her sense of belongingness, and her inner contentment.

-Angie’s ability to communicate her needs and wants affects her sense of feeling safe, her self-worth, and her sense of belongingness.

The values are all interrelated, so many answers are possible.

(Teacher’s note: You may want to explain to students that Angie’s video was produced to show during her CCC to highlight some of the goals she is working on and to share her progress in relation to the different values. Remind students about the Individualized Support Plan, the Quality of Life Plan, and how they are used together to support a person’s overall Quality of Life.)