

# Gentle Teaching Navigator Protocol

Instructions: Use this outline to help you as you teach Gentle Teaching to new Crewmembers. The videos for this day of the Office Teaching are on QoLI-V03 (a DVD) and on the Gentle Teaching VHS video tapes.

Print a copy of “QoLI-303 Office Teaching teaching logs.”

## **DICK AND RICK HOYT VIDEO AND DISCUSSION**

- \* Distribute: “QoLI-310 **Dick and Rick Hoyt** Study Guide.” Use the question on this sheet to lead discussion of the Dick and Rick Hoyt Video.
- \* Distribute: “QoLI-308 **The Globe Star Mission** Study Guide.” Read the Globe Star Mission outloud. Discuss: What is interdependency? Why different/better than independency? How different from dependency? Ask students to write a few notes or thoughts about “interdependency” on QoLI-308 and discuss.
- \* (Refer back to QoLI-308 during the Office Teaching as you discuss different topics.)

## **TERRY’S STORY VIDEO AND DISCUSSION**

- \* Distribute: “QoLI-312 **Terry’s Story** Study Guide”
- \* Navigator Reference: “QoLI-313 **Terry’s Story** Navigator Manual”
- \* Refer back to QoLI-308: have students write a few notes about “a sense of community”.

## **PERSONAL TEACHING PLAN INTRODUCTION**

- \* Distribute “Personal Teaching Plan for the Individual” from QoL Model forms on Globe Star Web site.
- \* Discuss “Change starts with us.” Discuss the purpose of the PTP -- to help us assess ourselves -- and how the importance of self-awareness is a foundational tenet of Gentle Teaching.

## **OUR TOOLS ROLE PLAY AND DISCUSSION**

- \* Role Play: Distribute form “QoLI-314 **Our Tools** role play sheet”. Follow the directions to break into groups and complete the exercise. Discuss: If an Individual cannot speak well, how else might she communicate with her caregivers?
- \* Distribute “QoLI-315 **Our Tools** reference sheet.” Discuss: use and misuse of tools.
- \* Refer back to the Personal Teaching Plan: “Valuing: Our Tools”.

## **THE ELEMENTS OF COMPANIONSHIP DISCUSSION**

- \* Distribute “QoLI-351 **Elements of Companionship** study guide” and discuss each Element with students. Distribute “QoLI-350 **Elements of Companionship** reference sheet” as a summary that caregivers can keep with them in the *Caregiver Chartbook*.
- \* Refer back to the Personal Teaching Plan: “Valuing: Elements of Companionship”.

## **TONY’S STORIES VIDEOS AND DISCUSSION**

- \* Distribute: “QoLI-318 **Tony’s Stories** study guide” and “QoLI-216 Professional Standards reference sheet”.
- \* Navigator Reference: “QoLI-319 **Tony’s Stories** navigator manual”
- \* Refer back to the Personal Teaching Plan: “Teaching: Quality of Life Values”.

## **GENTLE TEACHING VIDEOS AND DISCUSSION**

- \* Watch Gentle Teaching tapes 1 and 2 (or excerpts from 1-4). Stop the tapes periodically and ask appropriate questions for discussion.
- \* Distribute “QoLI-321 **Mending the Broken Heart, Ch I** study guide”. Discuss: the Four Pillars.
- \* To sum up: Ask everyone to share their thoughts: “What is Gentle Teaching?” or “How do we build companionship with an Individual?”