

PERSON CENTERED PLANNING

Instructions: The boxes below represent important factors we all consider when making plans for ourselves. The same factors, of course, apply to the Individuals we serve. Fill in this "Personal Profile" for the Individual who has hosted you during your Practicum. Include details you've observed or feel free to gently "interview" the Individual.

INDIVIDUAL'S GIFTS AND TALENTS		
CHOICES INDIVIDUAL GETS TO MAKE		INDIVIDUAL'S LIFE STORY
PEOPLE IN THE INDIVIDUAL'S LIFE		
PLACES INDIVIDUAL GOES		
INDIVIDUAL'S LIKES		INDIVIDUAL'S DISLIKES
GENERAL STATE OF HEALTH	INDIVIDUAL'S CHALLENGES	HOW INDIVIDUAL COMMUNICATES

Now, based on what you've written above, brainstorm three goals that you feel the Individual could hypothetically work on. Then, write something the individual could do to start moving toward that goal.

GOALS ("VISION FOR THE FUTURE")	ACTION STEPS ("ACTION PLAN")

When you complete the above sections, start watching the enclosed DVD video.

1. Personal Profile

What types of information are recorded in the Individual's Personal Profile?

2. Vision for the Future

What is the purpose of the Vision for the Future?

3. Action Plan

What is the ISP? And what is recorded in the plan?


What does this mean to me?

What is your role in the PCP and ISP process? (Might you one day be part of the circle of friends?)



NOW, OPEN THE QOL BOOK

Locate the Quality of Life Green Book and open it to the "Information" section. Included within this section, you should find the Individual's current ISP. It should look something like the image below. Read through the goals. Do you think the goals are appropriate?

	THE INDIVIDUALIZED SUPPORT PLAN <small>State Form 13</small>	Name of Individual <u>[INDIVIDUAL'S NAME]</u> Date of Support Plan <u>[DATE]</u>
Outcome towards which this Individualized Support Plan will work		
Desired Outcome	WHERE THE INDIVIDUAL AND COMMUNITY WOULD LIKE THE INDIVIDUAL TO BE	
Current Status	WHERE THE INDIVIDUAL IS NOW	
Past Experiences	WHERE THE INDIVIDUAL HAS BEEN IN THE PAST	

IN SUMMARY:

PERSON CENTERED PLANNING (PCP)
"The communal dreams for the Individual"



INDIVIDUALIZED SUPPORT PLAN (ISP)
"How to make those dreams into reality"