

# GLOBE STAR

“Mentoring a Spirit of Gentleness”



## Teaching Log

Teaching Topic: **First Aid**

Teaching Date:

Target Audience: Triennial Teaching

Length of Teaching:

Teaching Objective(s): *To teach crewmembers:*

- Identify life-threatening bleeding and demonstrate how bleeding can be controlled.
- Identify the signals of various injuries and demonstrate how to care for them.
- Identify the signals of head, neck and back injuries and how to care for them.
- Identify the signals of sudden illness including poisonings, seizures, and heat and cold-related emergencies, and how to care for them.
- Describe when and how to move a victim in an emergency situation.

Attendee Name	Attendee Signature	Your Role to Facilitate a Spirit of Gentleness

Comments/Concerns:

Navigator Name

Signature

Date